Indiana 2002 BRFSS Questionnaire

Core Sections

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Section 1: Health Status
Section 2: Health Care Access
Section 3: Exercise
Section 4: Fruits and Vegetables
Section 5: Asthma
Section 6: Diabetes
Section 7: Oral Health
Section 8: Immunization
Section 9: Tobacco Use
Section 10: Alcohol Consumption
Section 11: Seat Belts
Section 12: Demographics
Section 13: Family Planning
Section 14: Women's Health
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Section 16: Colorectal Cancer Screening
Section 17: HIV/AIDS
Section 18: Firearms
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Optional Modules

Module 1: Diabetes
Module 6: Quality of Life
Module 9: Childhood Asthma
Module 11: Cardiovascular Disease
Module 13: Folic Acid
Module 14: Tobacco Indicators

Module 16: Arthritis

State-Added Questions

Sexual Activity

Section 1: Health Status

- 1.1 Would you say that in general your health is excellent, very good, good, fair, or poor?
 - 1. Excellent
 - 2. Very good
 - 3. Good
 - 4. Fair
 - 5. Poor
 - 7. DON'T KNOW/NOT SURE
 - 9. REFUSED

Section 2: Health Care Access

2.1 Do you have any kind of health care coverage, including health insurance, prepaid plans such as HMOs, or government plans such as Medicare?

- 1. YES
- 2. NO
- 7. DON'T KNOW/NOT SURE
- 9. REFUSED
- 2.2 Do you have one person you think of as your personal doctor or health care provider?
- If 'no', 'Is there more than one or is there no person who you think of?
 - 1. Yes, only one
 - 2. More than one
 - 3. No
 - 7. DON'T KNOW/NOT SURE
 - 9. REFUSED
- 2.3 When you are sick or need advice about your health, to which one of the following places do you usually go?

Would you say:

- 1. A doctor's office
- 2. A public health clinic or community health center
- 3. A hospital outpatient department
- 4. A hospital emergency room
- 5. Urgent care center
- 6. Some other kind of place
- 8. No usual place
- 7. DON'T KNOW/NOT SURE
- 9. REFUSED
- 2.4 Was there a time in the past 12 months when you needed medical care, but could not get it?
 - 1. Yes
 - 2. No
 - 7. DON'T KNOW/NOT SURE
 - 9. REFUSED
- 2.5 What is the main reason you did not get medical care?

Would you say: PLEASE READ

- 01. Cost [Include no insurance]
- 02. Distance
- 03. Office wasn't open when I could get there
- 04. Too long a wait for an appointment
- 05. Too long to wait in waiting room
- 06. No child care
- 07. No transportation
- 08. No access for people with disabilities
- 09. The medical provider didn't speak my language
- 10. Other
- 77. DON'T KNOW/NOT SURE
- 99. REFUSED

Section 3: Exercise

- 3.1 During the past month, other than your regular job, did you participate in any physical activities or exercise such as running, calisthenics, golf, gardening, or walking for exercise?
 - 1. YES 2. NO

 - 7. DON'T KNOW/NOT SURE

	9.	. RE	FUSEI)											
Sec	tion	4: Fı	ruits	and	Veget	ables									
4.1	How	ofte	n do	you	drink	fruit	juices	such	as	orange,	grape	fruit,	or tom	ato?	
	2. 3. 4.	·	 	Per Per Per	week month year ÆR	OW/NOT	SURE								
4.2	Not	coun	ting	juic	ce, ho	w ofte	n do yo	u eat	fru	it?					
	2. 3. 4. 5	5 7 9	 	Per Per Per NEV	week month year ÆR	OW/NOT	SURE								
4.3	How	ofte	n do	you	eat g	reen sa	alad?								
	3. 4. 5	·	 	Per Per NEV	montn year ÆR	OW/NOT	SURE								
		ofter chips		you	eat p	otatoe	s not i	nclud	ing	french	fries,	fried	potato	es,	or
	1.	·		Per Per	day week										

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3. Per month
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4.5 How often do you eat carrots? 1. ___ Per day 2. ____ Per week 3. ____ Per month 4.6 Not counting carrots, potatoes, or salad, how many servings of vegetables do you usually eat? Example: A serving of vegetables at both lunch and dinner would be two servings. 1. ___ Per day 2. ___ Per week 3. ____ Per month 4. ____ Per year 5 5 5 NEVER 7 7 7 DON'T KNOW/NOT SURE 9 9 REFUSED Section 5: Asthma 5.1 Have you ever been told by a doctor, nurse, or other health professional that you had asthma? 1. YES 2. NO 7. DON'T KNOW/NOT SURE 9. REFUSED 5.2 Do you still have asthma? 1. YES 2. NO 7. DON'T KNOW/NOT SURE 9. REFUSED Section 6: Diabetes 6.1 Have you ever been told by a doctor that you have diabetes? If "Yes" and female, ask "Was this only when you were pregnant?" 2. Yes, but female told only during pregnancy 7. DON'T KNOW/NOT SURE 9. REFUSED

10.

Section 7: Oral Health

7.1 How long has it been since you last visited a dentist or a dental clinic for any reason?

Include visits to dental specialists, such as orthodontists.

- 1. Within the past year (anytime less than 12 months ago)
- 2. Within the past 2 years (1 year but less than 2 years ago)
- 3. Within the past 5 years (2 years but less than 5 years ago)
- 4. 5 or more years ago
- 7. DON'T KNOW/NOT SURE
- 8. NEVER
- 9. REFUSED
- 7.2 How many of your permanent teeth have been removed because of tooth decay or gum disease? Do not include teeth lost for other reasons, such as injury or orthodontics.

Include teeth lost due to "infection"

- 1. 1 to 5
- 2. 6 or more but not all
- 3. All
- 7. DON'T KNOW/NOT SURE
- 8. NEVER
- 9. REFUSED
- 7.3 How long has it been since you had your teeth cleaned by a dentist or dental hygienist?
 - 1. Within the past year (anytime less than 12 months ago)
 - 2. Within the past 2 years (1 year but less than 2 years ago)
 - 3. Within the past 5 years (2 years but less than 5 years ago)
 - 4. 5 or more years ago
 - 7. DON'T KNOW/NOT SURE
 - 8. NEVER
 - 9. REFUSED

Section 8: Immunization

- 8.1 During the past 12 months, have you had a flu shot?
 - 1. YES
 - 2. NO
 - 7. DON'T KNOW/NOT SURE 9. REFUSED

- 8.2 At what kind of place did you get your last flu shot?
 - 01. A doctor's office or health maintenance organization
 - 02. A health department
 - 03. Another type of clinic or health center [EXAMPLE: A COMMUNITY HEALTH CENTER]
 - 04. A senior, recreation, or community center
 - 05. A store [EXAMPLES: SUPERMARKET, DRUG STORE]
 - 06. A hospital or emergency room
 - 07. Workplace
 - 08. Some other kind of place
 - 77. DON'T KNOW/NOT SURE
 - 99. REFUSED
- 8.3 Have you ever had a pneumonia shot? This shot is usually given only once or twice in a person's lifetime and is different from the flu shot. It is also called the pneumococcal vaccine.
 - 1. YES
 - 2. NO
 - 7. DON'T KNOW/NOT SURE
 - 9. REFUSED

Section 9: Tobacco Use

- 9.1 Have you smoked at least 100 cigarettes in your entire life?
 - 1. YES
 - 2. NO
 - 7. DON'T KNOW/NOT SURE
 - 9. REFUSED
- 9.2 Do you now smoke cigarettes every day, some days, or not at all?
 - 1. Every day
 - 2. Some days
 - 3. Not at all
 - 9. REFUSED
- 9.3 During the past 12 months, have you stopped smoking for one day or longer because you were trying to quit smoking?
 - 1. YES
 - 2. NO
 - 7. DON'T KNOW/NOT SURE
 - 9. REFUSED

Section 10: Alcohol Consumption

10.1 A drink of alcohol is 1 can or bottle of beer, 1 glass of wine, 1 can or bottle of wine cooler, 1 cocktail, or 1 shot of liquor. During the past 30 days, how often have you had at least one drink of any alcoholic beverage?

			Enter	Days	per	week	or	per	month
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- 888. No drinks in past 30 days 777. DON'T KNOW/NOT SURE 999. REFUSED 10.2 On the days when you drank, about how many drinks did you drink on the average? Number of drinks 77. DON'T KNOW/NOT SURE 88. NONE 99. REFUSED 10.3 Considering all types of alcoholic beverages, how many times during the past 30 days did you have 5 or more drinks on an occasion? ____ Number of times 77. DON'T KNOW/NOT SURE 88. NONE 99. REFUSED 10.4 During the past 30 days, how many times have you driven when you've had perhaps too much to drink? Number of times 77. DON'T KNOW/NOT SURE 88. NONE 99. REFUSED Section 11: Seat Belts 11.1 How often do you use seatbelts when you drive or ride in a car? 1. Always 2. Nearly always 3. Sometimes 4. Seldom 5. Never 7. DON'T KNOW/NOT SURE
 - **Section 12: Demographics**

9. REFUSED

12.12 What county do you live in?

__ _ FIPS county code

8. NEVER DRIVE OR RIDE IN A CAR

777. DON'T KNOW/NOT SURE

999. REFUSED

- 12.16 To your knowledge, are you now pregnant?
 - 1. YES
 - 2. NO
 - 7. DON'T KNOW/NOT SURE
 - 9. REFUSED

Section 13: Family Planning

- 13.1 Are you or your {husband/wife/partner} doing anything to keep from getting pregnant? Some things people do to keep from getting pregnant include not having sex at certain times, using birth control methods such as the pill, Norplant, shots or Depo-provera, condoms, diaphragm, foam, IUD, having their tubes tied, or having a vasectomy.
 - 1. Yes
 - 2. No
 - 3. No partner/not sexually active
 - 4. Same sex partner
 - 7. DON'T KNOW/NOT SURE
 - 9. REFUSED
- 13.2 What are you or your husband/wife/partner doing to keep from getting pregnant?
 - 01. Tubes tied (sterilization)
 - 02. Vasectomy (sterilization)
 - 03. Pill
 - 04. Condoms
 - 05. Foam, jelly, cream
 - 06. Diaphragm
 - 07. Norplant
 - 08. IUD
 - 09. Shots (Depo-Provera)
 - 10. Withdrawal
 - 11. Not having sex at certain times (rhythm)
 - 12. No partner/Not sexually active
 - 13. Other method(s)
 - 77. DON'T KNOW/NOT SURE
 - 99. REFUSED
- 13.3 What other method are you also using to prevent pregnancy?
 - 01. Tubes tied (sterilization)
 - 02. Vasectomy (sterilization)
 - 03. Pill
 - 04. Condoms
 - 05. Foam, jelly, cream
 - 06. Diaphragm
 - 07. Norplant
 - 08. IUD
 - 09. Shots (Depo-Provera)
 - 10. Withdrawal
 - 11. Not having sex at certain times (rhythm)
 - 12. No partner/Not sexually active
 - 13. Other method(s)
 - 77. DON'T KNOW/NOT SURE
 - 99. REFUSED

- 13.4 What is your main reason for not doing anything to keep you from getting pregnant? [or] What is your main reason for not doing anything to keep your partner from getting pregnant?
 - 01. Not sexually active/no partner
 - 02. Didn't think was going to have sex/no regular partner
 - 03. You want a pregnancy
 - 04. You or your partner don't want to use birth control
 - 05. You or your partner don't like birth control/fear side effects
 - 06. You can't pay for birth control
 - 07. Lapse in use of a method
 - 08. Don't think you or your partner can get pregnant
 - 09. You or your partner had tubes tied (sterilization)
 - 10. You or your partner had a vasectomy (sterilization)
 - 11. You or your partner had a hysterectomy
 - 12. You or your partner are too old
 - 13. You or your partner are currently breast-feeding
 - 14. You or your partner just had a baby/postpartum
 - 15. Other reason
 - 16. Don't care if get pregnant
 - 17. Same sex partner
 - 18. Partner is pregnant now
 - 77. DON'T KNOW/NOT SURE
 - 99. REFUSED

Section 14: Women's Health

- 14.1 A mammogram is an x-ray of each breast to look for breast cancer. Have you ever had a mammogram?
 - 1. YES
 - 2. NO
 - 7. DON'T KNOW/NOT SURE
 - 9. REFUSED
- 14.2 How long has it been since you had your last mammogram?
 - 1. Within the past year (ANYTIME LESS THAN 12 MONTHS AGO)
 - 2. Within the past 2 years (1 YEAR BUT LESS THAN 2 YEARS AGO)
 - 3. Within the past 3 years (2 to 3 years ago)
 - 4. Within the past 5 years (3 to 5 years ago)
 - 5. 5 or more years ago
 - 7. DON'T KNOW/NOT SURE
 - 9. REFUSED
- 14.3 A clinical breast exam is when a doctor, nurse, or other health professional feels the breast for lumps. Have you ever had a clinical breast exam?
 - 1. YES
 - 2. NO
 - 7. DON'T KNOW/NOT SURE
 - 9. REFUSED
- 14.4 How long has it been since you had your last breast exam?
 - 1. Within the past year (ANYTIME LESS THAN 12 MONTHS AGO)
 - 2. Within the past 2 years (1 YEAR BUT LESS THAN 2 YEARS AGO)
 - 3. Within the past 3 years (2 to 3 years ago)
 - 4. Within the past 5 years (3 to 5 years ago)

- 5. 5 or more years ago
- 7. DON'T KNOW/NOT SURE
- 9. REFUSED
- $14.5 \ \mathrm{A}$ pap smear is a test for cancer of the cervix. Have you ever had a pap smear?
 - 1. YES
 - 2. NO
 - 7. DON'T KNOW/NOT SURE
 - 9. REFUSED
- 14.6 How long has it been since you had your last pap smear?
 - 1. Within the past year (ANYTIME LESS THAN 12 MONTHS AGO)
 - 2. Within the past 2 years (1 YEAR BUT LESS THAN 2 YEARS AGO)
 - 3. Within the past 3 years (2 to 3 years ago)
 - 4. Within the past 5 years (3 to 5 years ago)
 - 5. 5 or more years ago
 - 7. DON'T KNOW/NOT SURE
 - 9. REFUSED
- 14.7 Have you had a hysterectomy?
 - 1. YES
 - 2. NO
 - 7. DON'T KNOW/NOT SURE
 - 9. REFUSED

Section 15: Prostate Cancer Screening

- 15.1 A Prostate-Specific Antigen test, also called a PSA test, is a blood test used to check men for prostate cancer. Have you ever had a PSA test?
 - 1. YES
 - 2. NO
 - 7. DON'T KNOW/NOT SURE
 - 9. REFUSED
- 15.2 How long has it been since you had your last PSA test?
 - 1. Within the past year (ANYTIME LESS THAN 12 MONTHS AGO)
 - 2. Within the past 2 years (1 YEAR BUT LESS THAN 2 YEARS AGO)
 - 3. Within the past 3 years (2 YEARS BUT LESS THAN 3 YEARS AGO)
 - 4. Within the past 5 years (3 YEARS BUT LESS THAN 5 YEARS AGO)
 - 5. 5 or more years ago
 - 7. DON'T KNOW
 - 9. REFUSED
- 15.3 A digital rectal exam is an exam in which a doctor, nurse, or other health professional places a gloved finger into the rectum to feel the size, shape, and hardness of the prostate gland. Have you ever had a digital rectal exam?
 - 1. YES

- 2. NO
- 7. DON'T KNOW/NOT SURE
- 9. REFUSED
- 15.4 How long has it been since your last digital rectal exam?
 - 1. Within the past year (ANYTIME LESS THAN 12 MONTHS AGO)
 - 2. Within the past 2 years (1 YEAR BUT LESS THAN 2 YEARS AGO)
 - 3. Within the past 3 years (2 YEARS BUT LESS THAN 3 YEARS AGO)
 - 4. Within the past 5 years (3 YEARS BUT LESS THAN 5 YEARS AGO)
 - 5. 5 or more years ago
 - 7. DON'T KNOW/NOT SURE
 - 9. REFUSED
- 15.5 Have you ever been told by a doctor, nurse, or other health professional that you had prostate cancer?
 - 1. YES
 - 2. NO
 - 7. DON'T KNOW/NOT SURE
 - 9. REFUSED

Section 16: Colorectal Cancer Screening

- 16.1 A blood stool test is a test that may use a special kit at home to determine whether the stool contains blood. Have you ever had this test using a home kit?
 - 1. YES
 - 2. NO
 - 7. DON'T KNOW/NOT SURE
 - 9. REFUSED
- 16.2 How long has it been since you had your last blood stool test using a home kit?
 - 1. Within the past year (ANYTIME LESS THAN 12 MONTHS AGO)
 - 2. Within the past 2 years (1 YEAR BUT LESS THAN 2 YEARS AGO)
 - 3. Within the past 5 years (2 YEARS BUT LESS THAN 5 YEARS AGO)
 - 4. 5 or more years ago
 - 7. DON'T KNOW/NOT SURE
 - 9. REFUSED
- 16.3 Sigmoidoscopy or colonoscopy are exams in which a tube is inserted in the rectum to view the bowel for signs of cancer or other health problems. Have you ever had either of these exams?
 - 1. YES
 - 2. NO
 - 7. DON'T KNOW/NOT SURE
 - 9. REFUSED
- 16.4 How long has it been since you had your last Sigmoidoscopy or colonoscopy?

- 1. Within the past year (ANYTIME LESS THAN 12 MONTHS AGO)
- 2. Within the past 2 years (1 YEAR BUT LESS THAN 2 YEARS AGO)
- 3. Within the past 5 years (2 YEARS BUT LESS THAN 5 YEARS AGO)
- 4. Within the past 10 years (5 YEARS BUT LESS THAN 10 YEARS AGO)
- 5. 10 or more years ago
- 7. DON'T KNOW/NOT SURE
- 9. REFUSED

Section 17: HIV/AIDS

- 17.1 A pregnant woman with HIV can get treatment to help reduce the chances that she will pass the virus on to her baby.
 - 1. TRUE
 - 2. FALSE
 - 7. DON'T KNOW/NOT SURE
 - 9. REFUSED
- 17.2 There are medical treatments available that are intended to help a person who is infected with HIV to live longer.
 - 1. TRUE
 - 2. FALSE
 - 7. DON'T KNOW/NOT SURE
 - 9. REFUSED
- 17.3 How important do you think it is for people to know their HIV status by getting tested?

Would you say very important, somewhat important, or not at all important?

- 1. Very important
- 2. Somewhat important
- 3. Not at all important
- 6. DON'T KNOW/NOT SURE
- 7. DEPENDS ON RISK
- 8. REFUSED
- 17.4 As far as you know, have you ever been tested for HIV? Do not count tests you may have had as part of a blood donation.

Include saliva tests

- 1. YES
- 2. NO
- 7. DON'T KNOW/NOT SURE
- 9. REFUSED
- 17.5 Not including blood donations, in what month and year was your last HIV test?

Include saliva tests

/	month	and	year

7777. DON'T KNOW/NOT SURE

6666. REFUSED

- $17.6~\mathrm{I}$ am going to read you a list of reasons why some people have been tested for HIV. Not including blood donations, which of these would you say was the MAIN reason for your last HIV test?
 - 01. It was required
 - 02. Someone suggested you should be tested
 - 03. You thought you may have gotten HIV through sex or drug use
 - 04. You just wanted to find out whether you had HIV
 - 05. You were worried that you could give HIV to someone
 - 06. IF FEMALE: You were pregnant
 - 07. It was done as part of a routine medical check-up
 - 08. You were tested for some other reason
 - 77. DON'T KNOW/NOT SURE
 - 99. REFUSED
- 17.7 Where did you have the HIV test in [date]?
 - 1. Private doctor or HMO
 - 2. Counseling and testing site
 - 3. Hospital
 - 4. Clinic
 - 5. In a jail or prison (or other correctional facility)
 - 6. Home
 - 7. Somewhere else
 - 77. DON'T KNOW/NOT SURE
 - 99. REFUSED
- 17.8 I'm going to read you a list. When I'm done, please tell me if any of the situations apply to you. You don't need to tell me which one.

You have used intravenous drugs in a the past year

You have been treated for a sexually transmitted or venereal disease in the past year

You have given or received money or drugs in exchange for sex in the past year

You had anal sex without a condom in the past year

Do any of these situations apply to you?

- 1. YES
- 2. NO
- 7. DON'T KNOW/NOT SURE
- 9. REFUSED
- 17.9 In the past 12 months has a doctor, nurse or other health professional talked to you about preventing sexually transmitted diseases through condom use?
 - 1. YES
 - 2. NO
 - 7. DON'T KNOW/NOT SURE
 - 9. REFUSED

Section 18: Firearms

- 18.1 Are any firearms now kept in or around your home?
 - 1. YES

- 2. NO
- 7. DON'T KNOW/NOT SURE
- 9. REFUSED
- 18.2 Are any of these firearms now loaded?
 - 1. YES
 - 2. NO
 - 7. DON'T KNOW/NOT SURE
 - 9. REFUSED
- 18.3 Are any of these loaded firearms also unlocked? By unlocked we mean you do not need a key or combination to get the gun or to fire it. We don't count a safety as a lock.
 - 1. YES
 - 2. NO
 - 7. DON'T KNOW/NOT SURE
 - 9. REFUSED

Module 1: Diabetes

- M1.1 How old were you when you were told you have diabetes?
 - ___ Code age in years
 - 98. DON'T KNOW/NOT SURE
 - 99. REFUSED
- M1.2 Are you now taking insulin?
 - 1. YES
 - 2. NO
 - 9. REFUSED
- M1.3 Are you now taking diabetes pills?
 - 1. YES
 - 2. NO
 - 7. DON'T KNOW/NOT SURE
 - 9. REFUSED
- M1.4 About how often do you check your blood for glucose or sugar? Include times when checked by a family member or friend, but do not include times when checked by a health professional.
 - Enter times per day,
 week, month or year
 - 777. DON'T KNOW/NOT SURE
 - 888. NEVER
 - 999. REFUSED
- M1.5 About how often do you check your feet for any sores or irritations? Include times when checked by a family member or friend, but do not include times when checked by a health professional.

- ____ Enter times per day, week, month or year
- 555. NO FEET
- 777. DON'T KNOW/NOT SURE
- 888. NEVER
- 999. REFUSED
- M1.6 Have you ever had any sores or irritations on your feet that took more than four weeks to heal?
 - 1. YES
 - 2. NO
 - 7. DON'T KNOW/NOT SURE
 - 9. REFUSED
- M1.7 About how many times in the past 12 months have you seen a doctor, nurse, or other health professional for your diabetes?

 - Number of times
 77. DON'T KNOW/NOT SURE
 - 88. NONE
 - 99. REFUSED
- M1.8 A test for hemoglobin "A one C" measures the average level of blood sugar over the past three months. About how many times in the past 12 months has a doctor, nurse, or other health professional checked you for hemoglobin "A one C"?
 - ___ Number of times
 - 77. DON'T KNOW/NOT SURE

 - 98. NEVER HEARD OF HEMOGLOBIN "A one C" TEST
 - 99. REFUSED
- M1.9 About how many times in the past 12 months has a health professional checked your feet for any sores or irritations?

 - Number of times
 77. DON'T KNOW/NOT SURE
 - 88. NONE
 - 99. REFUSED
- M1.10 When was the last time you had an eye exam in which the pupils were dilated? This would have made you temporarily sensitive to bright light.
 - 1. Within the past month (ANYTIME LESS THAN 1 MONTH AGO)
 - 2. Within the past year (1 MONTH BUT LESS THAN 1 YEAR AGO)
 - 3. Within the past 2 years (1 YEAR BUT LESS THAN 2 YEARS AGO)
 - 4. 2 or more years ago
 - 8. NEVER
 - 7. DON'T KNOW/NOT SURE
 - 9. REFUSED
- M1.11 Has a doctor ever told you that diabetes has affected your eyes or that you had retinopathy?

- 1. YES
- 2. NO
- 7. DON'T KNOW/NOT SURE
- 9. REFUSED

M1.12 Have you ever taken a course or class in how to manage your diabetes yourself?

- 1. YES
- 2. NO
- 7. DON'T KNOW/NOT SURE/REFUSED

Module 6: Quality of Life

M6.1 Are you limited in any way in any activities because of physical, mental, or emotional problems?

- 1. Yes
- 2. No
- 7. DON'T KNOW/NOT SURE
- 9. REFUSED

M6.2 Do you now have any health problem that requires you to use special equipment, such as a cane, a wheel chair, a special bed, or a special telephone?

Include occasional use or use in certain circumstances.

- 1. Yes
- 2. No
- 7. DON'T KNOW/NOT SURE
- 9. REFUSED

M6.3 What is your major impairment or health problem?

- 01. Arthritis/rheumatism
- 02. Back or neck problem
- 03. Fractures, bone/joint injury
- 04. Walking problem
- 05. Lung/breathing problem
- 06. Hearing problem
- 07. Eye/vision problem
- 08. Heart problem
- 09. Stroke problem
- 10. Hypertension/high blood pressure
- 11. Diabetes
- 12. Cancer
- 13. Depression/anxiety/emotional problem
- 14. Other impairment/problem
- 7 7 DON'T KNOW/NOT SURE
- 9 9 REFUSED

M6.4 For how long have your activities been limited because of your major impairment or health problem?

1 Days 2 Weeks 3 Months 4 Years
7 7 7 DON'T KNOW/NOT SURE 9 9 9 REFUSED
M6.5 Because of any impairment or health problem, do you need the help of other persons with your PERSONAL CARE needs, such as eating, bathing, dressing, or getting around the house?
1. Yes 2. No 7. DON'T KNOW/NOT SURE 9. REFUSED
M6.6 Because of any impairment or health problem, do you need the help of other persons in handling your ROUTINE needs, such as everyday household chores, doing necessary business, shopping, or getting around for other purposes?
1. Yes 2. No 7. DON'T KNOW/NOT SURE 9. REFUSED
M6.7 During the past 30 days, for about how many days did pain make it hard for you to do your usual activities, such as self-care, work, or recreation?
Number of days
7 7 DON'T KNOW/NOT SURE 8 8 NONE 9 9 REFUSED
M6.8 During the past 30 days, for about how many days have you felt sad, blue, or depressed?
Number of days
7 7 DON'T KNOW/NOT SURE 8 8 NONE 9 9 REFUSED
M6.9 During the past 30 days, for about how many days have you felt worried, tense, or anxious?
Number of days
7 7 DON'T KNOW/NOT SURE 8 8 NONE 9 9 REFUSED
M6.10 During the past 30 days, for about how many days have you felt you did not get enough rest or sleep?

_	Number of days
7 8 9	8 NONE
	vuring the past 30 days, for about how many days have you felt very healthy 1 of energy?
_	Number of days
7 8 9	8 NONE
Module	9: Childhood Asthma
	rlier you said there were [fill in] children age 17 or younger living in usehold. How many of these children have ever been diagnosed with asthma?
	Number of children
7 8 9	8 None
M9.2 [F	ill in (Does this child/How many of these children)] still have asthma?
_	Number of children
7 8 9	8 NONE
Module	11: Cardiovascular Disease
M11.1a	To lower your risk of developing heart disease or stroke, are you
Eating	fewer high fat or high cholesterol foods?
2 7	. Yes . No . DON'T KNOW/NOT SURE . REFUSED
M11.1b	Eating more fruits and vegetables?
2 7	. Yes . No . DON'T KNOW/NOT SURE . REFUSED

M11.1c More physically active?

- 1. Yes
- 2. No
- 7. DON'T KNOW/NOT SURE
- 9. REFUSED

M11.2a Within the past 12 months, has a doctor, nurse, or other health professional told you to...

Eat fewer high fat or high cholesterol foods?

- 1. Yes
- 2. No
- 7. DON'T KNOW/NOT SURE
- 9. REFUSED

M11.2b Eat more fruits and vegetables?

- 1. Yes
- 2. No
- 7. DON'T KNOW/NOT SURE
- 9. REFUSED

M11.2c Be more physically active?

- 1. Yes
- 2. No
- 7. DON'T KNOW/NOT SURE
- 9. REFUSED

M11.3a Has a doctor, nurse or other health professional ever told you that you had any of the following?

A heart attack, also called a myocardial infarction

- 1. Yes
- 2. No
- 7. DON'T KNOW/NOT SURE 9. REFUSED

M11.3b Angina or coronary heart disease

- 1. Yes
- 2. No
- 7. DON'T KNOW/NOT SURE 9. REFUSED

M11.3c A stroke

- 1. Yes
- 2. No
- 7. DON'T KNOW/NOT SURE
- 9. REFUSED

M11.4 At what age did you have your first heart attack?
Code age in years
777. DON'T KNOW/NOT SURE 999. REFUSED
M11.5 At what age did you have your first stroke?
Code age in years
777. DON'T KNOW/NOT SURE 999. REFUSED
M11.6 After you left the hospital following your [fill in (heart attack/stroke)], did you go to any kind of outpatient rehabilitation? This is sometimes called "rehab."
1. Yes 2. No 7. DON'T KNOW/NOT SURE 9. REFUSED
M11.7 Do you take aspirin daily or every other day?
1. Yes 2. No 7. DON'T KNOW/NOT SURE 9. REFUSED
M11.8 Do you have a health problem or condition that makes taking aspirin unsafe for you?
 Yes, not stomach related Yes, stomach problems No DON'T KNOW/NOT SURE REFUSED
M11.9a Why do you take aspirin
To relieve pain?
1. Yes 2. No 7. DON'T KNOW/NOT SURE 9. REFUSED M11.9b To reduce the chance of a heart attack?
1. Yes 2. No 7. DON'T KNOW/NOT SURE 9. REFUSED

- M11.9c To reduce the chance of a stroke?
 - 1. Yes
 - 2. No
 - 7. DON'T KNOW/NOT SURE
 - 9. REFUSED

Module 13: Folic Acid

M13.1 Do you currently take any vitamin pills or supplements?

Include liquid supplements.

- 1. YES
- 2. NO
- 7. DON'T KNOW/NOT SURE
- 9. REFUSED
- M13.2 Are any of these a multivitamin?
 - 1. YES
 - 2. NO
 - 7. DON'T KNOW/NOT SURE
 - 9. REFUSED
- M13.3 Do any of the vitamin pills or supplements you take contain folic acid?
 - 1. YES
 - 2. NO
 - 7. DON'T KNOW/NOT SURE
 - 9. REFUSED
- M13.4 How often do you take this vitamin pill or supplement?
 - ____ Enter times per day, week, or month
 - 777. DON'T KNOW/NOT SURE
 - 999. REFUSED
- M13.5 Some health experts recommend that women take 400 micrograms of the B vitamin folic acid, for which one of the following reasons....
 - 1. To make strong bones
 - 2. To prevent birth defects
 - 3. To prevent high blood pressure
 - 4. Some other reason
 - 7. DON'T KNOW/NOT SURE 9. REFUSED

Module 14: Tobacco Indicators

M14.1 Previously you said you have smoked cigarettes.

How old were you the first time you smoked a cigarette, even one or two puffs?

- __ _ Code age in years
- 77. DON'T KNOW/NOT SURE
- 99. REFUSED
- M14.2 How old were you when you first started smoking cigarettes regularly?
 - __ _ Code age in years
 - 88. Never smoked regularly
 - 77. DON'T KNOW/NOT SURE
 - 99. REFUSED
- M14.3 About how long has it been since you last smoked cigarettes regularly?
 - 1. Within the past month (ANYTIME LESS THAN 1 MONTH AGO)
 - 2. Within the past 3 months (1 MONTH BUT LESS THAN 3 MONTHS AGO)
 - 3. Within the past 6 months (3 MONTHS BUT LESS THAN 6 MONTHS AGO)
 - 4. Within the past year (6 MONTHS BUT LESS THAN 1 YEAR AGO)
 - 5. Within the past 5 years (1 YEAR BUT LESS THAN 5 YEARS AGO) 6. Within the past 10 years (5 YEARS BUT LESS THAN 10 YEARS AGO)
 - 7. 10 or more years ago
 - 77. DON'T KNOW/NOT SURE
 - 99. REFUSED
- M14.4 In the past 12 months, have you seen a doctor, nurse, or other health professional to get any kind of care for yourself?
 - 1. YES
 - 2. NO
 - 7. DON'T KNOW/NOT SURE
 - 9. REFUSED
- ${\tt M14.5}$ In the past 12 months, has a doctor, nurse, or other health professional advised you to quit smoking?
 - 1. YES
 - 2. NO
 - 7. DON'T KNOW/NOT SURE
 - 9. REFUSED
- M14.6 Which statement best describes the rules about smoking inside your home?
 - 1. Smoking is not allowed anywhere inside your home
 - 2. Smoking is allowed in some places or at some times
 - 3. Smoking is allowed anywhere inside the home
 - 4. There are no rules about smoking inside the home
 - 7. DON'T KNOW/NOT SURE

9. REFUSED

M14.7 While working at your job, are you indoors most of the time?

- 1. YES
- 2. NO
- 7. DON'T KNOW/NOT SURE
- 9. REFUSED

M14.8 Which of the following best describes your place of work's official smoking policy for indoor public or common areas, such as lobbies, rest rooms, and lunch rooms?

Would you say not allowed in any public areas, allowed in some public areas, allowed in all public areas, or no official policy?

For workers who visit clients, "place of work" means their base location.

- 1. Not allowed in any public areas
- 2. Allowed in some public areas
- 3. Allowed in all public areas
- 4. No official policy
- 7. DON'T KNOW/NOT SURE
- 9. REFUSED

M14.9 Which of the following best describes your place of work's official smoking policy for work areas?

Would you say not allowed in any work areas, allowed in some work areas, allowed in all work areas, or no official policy?

- 1. Not allowed in any work areas
- 2. Allowed in some work areas
- 3. Allowed in all work areas
- 4. No official policy
- 7. DON'T KNOW/NOT SURE
- 9. REFUSED

Module 16: Arthritis

 ${\tt M16.1}$ The next questions refer to your joints. Please do NOT include the back or neck.

DURING THE PAST 30 DAYS, have you had any symptoms of pain, aching, or stiffness in or around a joint?

- 1. Yes
- 2. No
- 7. DON'T KNOW/NOT SURE
- 9. REFUSED

M16.2 Did your joint symptoms FIRST begin more than 3 months ago?

- 1. Yes
- 2. No
- 7. DON'T KNOW/NOT SURE
- 9. REFUSED

M16.3 Have you ever seen a doctor or other health professional for these joint symptoms?

- 1. Yes
- 2. No
- 7. DON'T KNOW/NOT SURE
- 9. REFUSED

M16.4 Have you EVER been told by a doctor or other health professional that you have some form of arthritis, rheumatoid arthritis, gout, lupus, or fibromyalgia?

- 1. Yes
- 2. No
- 7. DON'T KNOW/NOT SURE
- 9. REFUSED

M16.5 Are you now limited in any way in any of your usual activities because of arthritis or joint symptoms?

- 1. Yes
- 2. No
- 7. DON'T KNOW/NOT SURE
- 9. REFUSED

M16.6 In this next question we are referring to work for pay. Do arthritis or joint symptoms now affect whether you work, the type of work you do, or the amount of work you do?

- 1. Yes
- 2. No
- 7. DON'T KNOW/NOT SURE
- 9. REFUSED

State Added 1: Sexual Activity

IN1.1 Was a condom used the last time you had sexual intercourse?

- 1. Yes
- 2. No
- 7. DON'T KNOW/NOT SURE
- 8. NO LAST TIME
- 9. REFUSED

- IN1.2 Some people use condoms to keep from getting infected with HIV through sexual activity. How effective do you think a properly used condom is for this purpose? Would you say . . .
 - 1. Very effective
 - 2. Somewhat effective
 - 3. Not at all effective
 - 7. DON'T KNOW HOW EFFECTIVE
 - 8. DON'T KNOW METHOD
 - 9. REFUSED
- IN1.3a Did you make any of the following changes in the past 12 months?

Did you become abstinent?

- 1. Yes
- 2. No
- 7. DON'T KNOW/NOT SURE
- 9. REFUSED
- IN1.3b Did you decrease the number of your sexual partners?
 - 1. Yes
 - 2. No
 - 7. DON'T KNOW/NOT SURE
 - 8. NOT APPLICABLE
 - 9. REFUSED

- IN1.3c Do you now have sexual intercourse with only the same partner?
 - 1. Yes

 - 2. No
 7. DON'T KNOW/NOT SURE
 8. NOT APPLICABLE

 - 9. REFUSED
- IN1.3d Do you now always use condoms for protection?
 - 1. Yes
 - 2. No
 - 7. DON'T KNOW/NOT SURE 8. NOT APPLICABLE 9. REFUSED